

### Book Exchange

If you can donate 2 or 3 Christian based books they can be sold for a minimum of \$2.00/book. Proceeds will be donated to Secret Place Ministry.

### Please register early!

Include \$35 deposit per person with the completed registration form.

Make cheque payable to:  
Charlotte Lazaruk

Deposits will **not be returned** if cancellation is after **Sept. 13<sup>th</sup>**.

Amount enclosed  
\$ \_\_\_\_\_

Please send registration form with deposit to:  
Charlotte Lazaruk  
236 Waterloo St.  
Winnipeg, MB  
R3N 0S5

Star Lake Lodge is located on the shore of Star Lake in the beautiful Whiteshell Provincial Park, 170 km east of Winnipeg. Follow the Trans Canada Hwy (No. 1 East, turn at the West Hawk cloverleaf. Turn left on Hwy No. 44 and left again on P.R. 301 (marked with balloons). Turn at Block 1 & 2. Follow the road till you come to the first entrance on the left



For further information contact:

Joy Unrau ~ 256-7690

Margaret Holmes ~ 895-8957

Marlene Isaak ~ 269-1376

Star Lake Lodge 1-204-349-2536

<http://starlakelodge.com>

Your cashed cheque is confirmation that you are registered.

# 21st Annual Woman's Retreat Star Lake Lodge



September 21-23, 2012  
Speaker: Nancy Phillips

Topic: *Living with Soul:  
Developing Resilience for  
the Journey*  
Genesis 32:22-32



### Our Weekend Retreat Leader:

Nancy is a wife and mother of two sons. She supports her husband in his work as an Anglican Bishop. Nancy works full time as an Occupational Health Nurse, caring for staff at Victoria Hospital. As a Spiritual Director and writer, she finds joy in encountering the holy presence and power of God in the midst of the ordinary stuff of daily life.



**Music:** Krista Muller and Donna Edwards will lead our worship this year. Both ladies have a long history of singing and in leading of music. Krista and Donna are worship leaders at Church of the Way.

**Massage:** Bethina Badilotti  
Registered Massage Therapist  
Bethina worships at St.  
Aidan's Anglican Church.  
There will be a sign up sheet  
for anyone wanting a  
massage. Cost is \$20 for a 25-  
minute session. Please sign up  
early.



### Weekend Schedule:

#### Friday, September 21, 2012

7:30 pm Arrival & Registration  
8:00 pm Refreshments & Singing  
8:30 pm Welcome & Introduction

#### Saturday, September 22, 2012

8:00 am Prayer session (optional)  
8:45 am Breakfast/Browse at the book  
table  
10:30 am Singing  
11:00 am **Session 1 – Struggle**  
12:30 pm Lunch  
2:00 pm Free Time (hiking, nap, games)  
3:30 pm Refreshments available  
6:00 pm Dinner  
8:00 pm Singing  
8:30 pm **Session 2 – Transformation**  
9:30 pm Refreshments & Campfire

#### Sunday, September 23, 2012

8:00 am Prayer Session (optional)  
8:45 am Breakfast  
10:00 am Last look at book table  
10:30 am Singing  
11:00 am **Session 3 – Peace**  
12:30 pm Lunch, Evaluations  
2:30 pm Check out Time

Join us on a weekend filled with fun,  
worship & prayer! Bring bedding,  
towels, toiletries, Bible, a hearty  
appetite & a smile.

### Registration Form: Twenty First Annual Star Lake Woman's Retreat 2012

Name \_\_\_\_\_

Phone No. \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Lodging **\$70.00** per person  
All heated facilities with washrooms

Shared rooms with bunks  
(Maximum four persons per room)

Limited number of single beds are  
pre-assigned due to special needs

I would like to room with  
\_\_\_\_\_

I can be on a top bunk \_\_\_\_\_

I can give a ride \_\_\_\_\_

How many \_\_\_\_\_

**Food Allergies – please specify**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_